

Dr. Michael Luan, D.C.

Instructor of Integrative Movement and Biomechanics

538 Woodleaf Lane, Goleta, CA 93117

805.685.7949

ML@MichaelLuan.com

www.MichaelLuan.com

Academic Degrees:

Doctor of Chiropractic	<i>Los Angeles College of Chiropractic, CA</i>	April 1995
Master's in Oriental Medicine	<i>Santa Barbara College of Oriental Medicine, CA</i>	August 1998
Bachelor of Science in Biomedical Engineering	<i>University of Southern California, CA</i>	May 1991

Professional Licensure:

Doctor of Chiropractic	State of California	1995-present
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Professional Experience:

Michael Luan, Chiropractic Corporation (private practice)	Goleta, CA	2003-present
Professional Educator and Speaker	National	1996-present
Intern Educator, UCSB Group Fitness & Personal Training Program	Santa Barbara, CA	1998-present
Certification Instructor – Acupuncture, Massage, Yoga, Pilates	Santa Barbara, CA	1997-present
Luan and Yasui Chiropractic and Acupuncture	Santa Barbara, CA	1995-2003

Speaking Engagements:

Injury Prevention

<i>Avia Spa</i>	Santa Barbara, CA	February 2007
<i>Casa Dorinda</i>	Santa Barbara, CA	January 2007

Body Language

<i>Santa Barbara Real Estate Association</i>	Santa Barbara, CA	December 2006
<i>Tarmann Consulting</i>	Santa Barbara, CA	October 2006
<i>Conscious Business Institute</i>	San Francisco, CA	May 2006
<i>Bacara Resort and Spa</i>	Santa Barbara, CA	February 2006
<i>Paul Orfalea Global Studies Lecture</i>	UC Santa Barbara	October 2005
<i>New York University Law School</i>	New York, NY	June 2005

Fitness Training

<i>UC Santa Barbara, Fitness Training Program</i>	Santa Barbara, CA	2002-present
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Integration of Eastern and Western Medicine

<i>Santa Barbara College of Oriental Medicine</i>	Santa Barbara, CA	February 2004
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Movement in Tai Ji and Qi Gong

<i>Santa Barbara College of Oriental Medicine</i>	Santa Barbara, CA	April 2004
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Literature and Medicine

<i>Westmont College</i>	Santa Barbara, CA	2002-2003
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Anatomy for Yoga Certification

<i>Santa Barbara Yoga Studio</i>	Santa Barbara, CA	2002-2003
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Workshops:

Evolution 22	Santa Barbara, CA	January 2006-present
Rolling off the Pounds	Santa Barbara, CA	December 2006-present
Posture and Movement	Santa Barbara, CA	August 2006-present
Finding the Flow	Aikido of Santa Barbara, CA	2001-present
	YMCA, Santa Ynez, CA,	October 2004
	Himalayan Institute, New York, NY	October 2003
	The Yoga Studio Santa Barbara, CA	June 2003
Butts and Guts Fitness Class	University of California, Santa Barbara	2003-present
	Yoga Soup, Santa Barbara	2006

Workshops continued:

Body Language	Aikido of Santa Barbara, CA	July 2006
Reflexology for Massage Students	Santa Barbara Body Therapy Institute, CA	February 2006
Injury: Biomechanics & Prevention	National Dance Institute, New York, NY	October 2004
Divinity in Motion Workshop	La Casa de Maria, Santa Barbara, CA	August 2004
	Himalayan Institute, New York, NY	March 2004
Walking and Rolling Workshop	East Beach Studio, Santa Barbara, CA	August 2003
Yoga Teacher Training: Anatomy	The Yoga Studio, Santa Barbara, CA	2002-2003
Kickboxing Instructor	Various locations, Santa Barbara, CA	2001-2004
Anatomy for Pilates Certification	Blue Star Rising, Goleta, CA	2001-2002
Yoga Biomechanics	Mauna Lea Yoga Retreat, Maui, HI	February 2000
	Purva Vida, Costa Rica	May 2000
Anatomy	SB College of Oriental Medicine, Santa Barbara, CA	1997, 1998
Bootcamp-Athletic Training	Luan & Yasui Chiropractic and Acupuncture, Santa Barbara CA	2002-2004
Physiology & Biochemistry	SB College of Oriental Medicine, Santa Barbara, CA	1997, 1998

Continuing Education:

Functional Orthodontics, Dr. Albert Chinappi D.D.S. M.S. P.A. (1500 hrs)	Marlton, NJ	1994-present
Golf Injuries: Chiropractic Techniques, Dr. Jeffry Blanchard (24 hrs)	Agoura, CA	2005, 2006
Somatic Movement, Bonnie Bainbridge-Cohen (24 hrs)	New York, NY	2004 & 2005
Kali / Escrima Martial Art (5000 hrs)	Santa Barbara, CA	1999-2005
Sacro-Occipital Technique (1500 hrs)	Omaha, NB	1994-1998
Chiropractic Technique, Dr. Bertrand Faucret, D.C. (600 hrs)	Los Angeles, CA	1995
Chiropractic Technique, Dr. Mitz Yanagahara, D.C. (100 hrs)	Torrance, CA	1995
Chiropractic Technique, Dr. Takao Nakagawa, D.C. (100 hrs)	Glendale, CA	1995
Applied Kinesiology Technique (500 hrs)	Los Angeles, CA	1994-1995
Ashihara Karate: Black Belt	Los Angeles, CA	1986-1996

Affiliations:

IDEA Health and Fitness Association		2006-present
California Chiropractic Association: General Member		1995-2003
Optimist International		1995-2003
SORSI: General Member		1994-1998
ICAK: General Member		1993-1995

Volunteer Work:

Consultant - Learning Programs for Children

Orfalea Family Foundation	Pittsburgh, PA	August 2005
	Putney, VT	August 2005
	New York, NY	August 2005

Consultant - Patient Management

Cerebral Palsy Jodi House	Santa Barbara, CA	March 2004
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Medical Support Staff

Santa Barbara Sports Aerobics	Santa Barbara, CA	1998-2000
Santa Barbara Triathlon	Santa Barbara, CA	1996

Core Trainer and Fitness Consultant

Santa Barbara Sports Aerobics	Santa Barbara, CA	1998-2000
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Publications:

Featured in: Adelson, E. (2007). *Grab Life by the Reins*. Santa Barbara Fitness Magazine, 3(1), pp. 20-23.

Featured in: Adelson, E. (2006). *Local Motion: How Six Santa Barbara Residents are Changing and Improving the Fitness Community*. Santa Barbara Fitness Magazine, 2(4), pp. 25.

Luan, M. (2006). *Where the Abdomen Grows: How to Create Change Within the Abdomen*. Santa Barbara Fitness Magazine, 2(2), pp.25-27.